

PREPARING FOR THE JOURNEY AHEAD



JOURNEY
AHEAD

A checklist as you begin taking ownership of your health care

Planning for a Change

- Talk to my parents or caregiver
- Start to communicate directly with my healthcare provider
- Organize my healthcare records
- Ask for accommodations if needed

Insurance Considerations

- Find out about my options
- Learn common insurance terms
- Do I need a prior authorization?

Establishing Health Care as an Adult

- Sharpen health care skills
- Arrange a visit with a new doctor

Knowledge and Support

- Build a support network of family and friends
- Know the basics of my condition
- Contact my CareConnectPSS team and update them on my plans



JOURNEY AHEAD

CareConnectPSS is proud to introduce its patient support resource for young adults called Journey Ahead.

Journey Ahead is specially designed for patients between the ages of 16-26. Our goals are to help patients like you navigate the transitions from childhood to adulthood while empowering you to make informed health care decisions.

You are gaining the skills you need to be an adult, but you, like other adults, may still feel like you need a guiding hand sometimes. Your CareConnectPSS team is here to make sure you have the resources you need to become a confident manager of your own health care.

How Your CareConnectPSS Case Manager Can Help

- **EXPLAIN** your insurance plan
- Verify your **BENEFITS**, secure coverage for treatment, and obtain insurance authorizations
- **COORDINATE** changes to your location of care
- Navigate changes in insurance due to **LIFE CHANGES** or events
- Find **ANSWERS** to your insurance questions
- Identify and **EVALUATE** future insurance options if necessary
- Find **ORGANIZATIONS** that provide financial support

How Your CareConnectPSS Patient Education Liaison Can Help

- **EDUCATE** and **SUPPORT** you on disease management and inheritance
- Organize local or virtual patient educational **MEETINGS**
- Construct a medical **FAMILY TREE**
- Provide educational disease **INFORMATION** to your employer, educators, or community groups
- **ANSWER** treatment-related questions

Just A Phone Call Or Email Away

CareConnectPSS represents Sanofi Genzyme's more than 25-year commitment to supporting the rare disease community and is designed to support each patient's unique journey.

Whether your needs are large or small, your CareConnectPSS team will work closely with you and your health care providers to give you the confidential and personalized support you need. To learn more about our range of support offerings, or to reach your CareConnectPSS Case Manager, please call **1-800-745-4447**, and select **Option 3** or email us at **CareConnectPSS@sanofi.com**.

For more information, visit us at www.CareConnectPSS.com